



TRAIN FOR THE RACE

Grow in Faith



CAMP VERSE



"So I run with purpose
in every step."

1 Corinthians 9:26 (NLT)



RUNNING VERSE



"Let us run with perseverance
the race marked out for us,
fixing our eyes on Jesus."

Hebrews 12:1-2 (NIV)



MEMORY VERSE



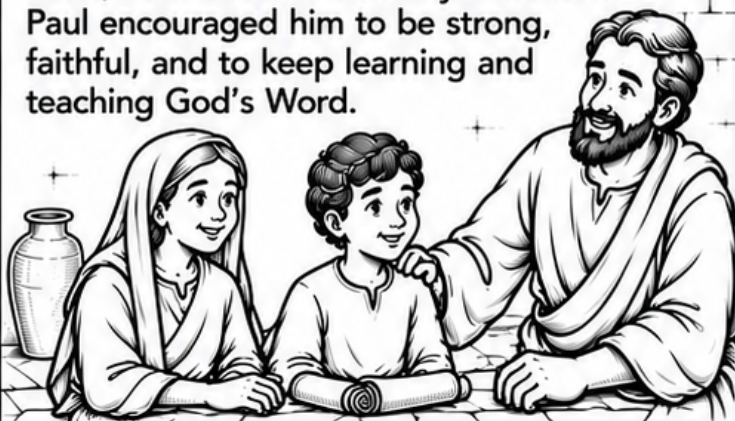
"For physical training is of some value,
but godliness has value for all things,
holding promise for both the present
life and the life to come."

1 Timothy 4:8

TIMOTHY'S STORY

Timothy learned about God
from his mother Eunice and
grandmother Lois. They taught
him God's Word and showed him
how to love and follow the Lord.

Later, Paul became Timothy's mentor.
Paul encouraged him to be strong,
faithful, and to keep learning and
teaching God's Word.



TODAY'S TRUTH

I can train my heart
to follow Jesus every day!



TIMOTHY'S TRAINING PLAN!

Read 1 Timothy 4:8 and fill in the blanks.

WORD BOX

godliness things present promise life

"For physical training is of some value,

but _____ has value for

all _____, holding _____

for both the _____ life

and the _____ to come."

1 Timothy 4:8 (NIV)



What does this verse teach us?

SET THE EXAMPLE



1 Timothy 4:12 tells us to be an
example in: Unscramble the words.

1. HPECES _____
2. TUCCOND _____
3. VELO _____
4. HTIFA _____
5. ITYPUR _____



MY FAITH CHALLENGE



This week I will:

- ☐ Read my Bible
- ☐ Pray every day
- ☐ Encourage someone
- ☐ Obey God quickly
- ☐ Help someone in need
- ☐ Worship with my whole heart



MIRROR REFLECTION



When people look at me,
I want them to see...

Draw yourself showing
Jesus to others.



LET'S PRAY

Dear Jesus, thank You for helping me grow in faith.
Help me train my heart to follow You every day
and set a good example for others. Amen.



Monday Devotional

ADVENTURE KIDS
MJC 2026